

LAKE WASHINGTON MARKS

Letter Code	DESCRIPTION & LOCATION
Temporary Marks	
A	Yellow mark to windward of the committee boat
B	Yellow gybe mark
C	Yellow mark to leeward of the race committee boat
S	Red mark near the race committee boat
G	Pink ball near the race committee boat set between "S" and the race committee boat
F	Yellow mark near the race committee boat, on the opposite side of the committee boat from mark S
O	Pink ball approximately 150 feet from windward mark
X	Red mark to windward of the race committee boat
Y	Red gybe mark
Z	Red mark located 0.2 miles or less upwind of the race committee boat
U	Red mark located to leeward of the race committee boat
L	Temporary mark located within 0.10 miles of the Race Tower, (Mark T)
4	Temporary mark located 0.25 miles east of Magnuson Park boat launch
6	Temporary mark located 0.25 miles east of Sand Point
7	Temporary mark located 0.25 miles west of the City of Kirkland Marina
10	Temporary mark located 0.25 miles west of North Point
14	Temporary mark located 0.25 miles west of Nelson Point
Permanent Marks	
T	Race Tower located at the North Moorage at Leschi Park

NOTE: The distances from the race committee boat to marks A, B, and C are generally longer than the distances to marks X, Y, and U.

CORINTHIAN YACHT CLUB OF SEATTLE

SHILSHOLE CLUBHOUSE

7755 Seaview Ave. NW, Pier V Phone: (206) 789-1919
Seattle, WA 98117 Fax: (206) 789-5896
Office Hrs: Monday – Friday 1200 – 1700 (closed Tuesday)

E-mail address: cycsea@eskimo.com

Website: www.cycseattle.org

2009 YACHT CLUB OFFICERS

Commodore	Bruce Sherman	sherman.b@comcast.net
Vice Commodore	John Rahn	jrahnster@gmail.com
Rear Commodore	Ken Johnson	kenneth.johnson4@comcast.net
Treasurer	Remmert Wolters	rwolters@axiom-northwest.com
Secretary	Suzette Connolly	altairseattle@yahoo.com

2009 SAILING PROGRAM OFFICERS

Fleet Captain Race	Jerry Diercks	jerry4cyc@comcast.net
Fleet Captain Cruise	Bill Mains	mainsbill@yahoo.com

Council Chairs

Lake Fleet Council	Tom Colligan	206.328.9478
Sound Large Boat Council	Kathryn Meyer	kathryn@kamgear.com
Sound One Design Council	TBD	

Protest Chairs

Lake Washington	Wayne Balsiger	(206) 725-5033
Puget Sound	Charlie Macaulay	(425) 557-4480

PHRF Handicappers www.phrf-nw.org

Up to 32.99'	Matthew Wood	matt.wood@razorfish.com
33' & over	Matthew Wood	matt.wood@razorfish.com
Multihull	Geo W. Lefler	stardancer105@comcast.net

Staff

Race Manager:	Kevin Cunningham	kevinc_cyc@yahoo.com
Club Manager:	Brian Miller	cycsea@eskimo.com
Office Assistant:	TBD	cycsea@eskimo.com

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FORWARD

This year marks the 64th year CYC will support “*Racing at its Best*” in the Pacific Northwest. But just like the rest of the world, we face significant challenges and have reason for real hope for the future.

Last year brought financial challenges to the Club and the Board and Staff are working hard to preserve the essential elements of our work. Because of a 30% increase in the lease expenses for our Lake Washington Clubhouse, we have been forced to vacate that facility without an immediate replacement identified. We will however, retain our moorage at the Leschi site and there will be no change to the on the water Lake racing experience.

We have also had to increase some racing fees in order to meet our expenses for the year. To mitigate the loss of the Leschi Clubhouse for lake sailors, we will implement this fee increase for Sound racing only. This is a difficult time to ask for more money; however, for the survival of the Club it is necessary. Under the current fee structure, each day of racing costs on average \$30-\$35. When compared to the price of just about any other recreational activity, CYC still offers a great value and we hope that you will continue to join us for the best racing in the area.

In 2008, CYC Seattle presented 111 days of racing; 49 on the Lake and 62 on the Sound. In addition, we provided the equipment and Race Committee for three major regattas including the first Sailing World NOOD Regatta in Seattle. We look forward to partnering again this year with the Seattle Yacht Club to host the return of the NOOD Regatta May 15-17, 2009.

As you know, much of what CYC presents is windward/leeward racing with marks set specifically for the conditions. I'm sure you agree that this provides the best test of our skills and the most exciting racing, but it comes at a cost. Please encourage your crews to join the Race Committee on your nights off and help us maintain and upgrade our race equipment to ensure the safety and effectiveness of those who manage our races. These are great learning experiences that offer team building opportunities and a bunch of fun. I intend to contact each fleet captain and boat owner to request help in nourishing the sport we love so much.

Please note, in an effort to be consistent in our sailing instructions, we have made several changes to the Racebook, please read carefully. If you recognize things that would improve our racing programs, please contact me. I have only one request, if you have a complaint, please suggest a reasonable solution to the problem if at all possible.

Jerry Diercks, Fleet Captain Race, J105 #272, *Delirium*

jerry4cyc@comcast.net

2009 CYC RACING POLICIES

CYC package fee:

The package fee permits a specific boat to participate in the 2009 CYC events listed in that package. Only CYC Senior members, their spouses, their children under the age of 21, and CYC junior or intermediate members are eligible to pay package fees.

If you are not a member of *US Sailing*, add 10% to the package fee. A “junior” is a person who is under 19 on the day he or she registers. An intermediate member is at least 19 and not more than 24 years old on the day of registration. Intermediate members are eligible to pay junior race fees.

CYC Guest Policy:

Weekend Events: Adults who are not members of CYC, but are members of any club that is an active or associate PIYA member or is affiliated with US Sailing, may enter any CYC weekend event by paying the “Guest” entry fee. Some events have a nonresident fee; a nonresident is a person living outside of King, Snohomish, Kitsap or Pierce Counties. See the CYC Racing Schedule for detailed fee information.

Evening Series: Adults who are not members of CYC may enter any CYC evening series by paying the “Guest” entry fee. See the CYC Racing Schedule for fee information. **However, such individuals may enter CYC evening series only for a period of twelve months from the date of their first evening series registration.**

Junior and Intermediate Members: Junior and Intermediate Members, as defined above, are welcome to enter any CYC event where their class is accepted. Individual event entry fees for Junior and Intermediate racers that are CYC members or non-residents are 50% of the individual CYC member event entry fee (dinghy events only). (Junior and Intermediate racers who live in King, Snohomish, Kitsap or Pierce County must be CYC members to receive the race fee of 50% of the CYC member fee.) Whenever a Junior or Intermediate race fee is paid, the helmsman of the boat must meet either the Junior or Intermediate definition. See the CYC Racing Schedule for fee information.

For events not specifically designated as junior events, CYC requires a ratio of one safety boat for every ten juniors who are under the age of 15 on the day of the first start. The ratio cannot exceed 1:10. It is the responsibility of the parents and coaches to provide the safety boats. CYC does not guarantee the availability of junior safety boats.

POLICIES CONTINUED

PHRF Rating: A boat is considered to have a valid PHRF rating only if current PHRF dues have been paid. You can get a valid PHRF rating or check your status by calling PHRF Northwest at (253) 857-8858 or on the web at <http://www.phrf-nw.org/>.

Fewer than 10 boats registered: If fewer than 10 boats register for a race by the race deadline, the race may be cancelled and the entry fees refunded.

Boats not registered: Boats that race in CYC evening events and are not registered by the second evening of racing may not be scored and may subject their fleet to a lost start on the next evening's race.

Late registrations: Late registrations will be accepted, but a late fee may be charged in addition to the fee listed for the event.

Exceptions: The CYC Fleet Captain-Race or, in his/her absence, the Race Manager or Commodore may make exceptions to these policies.

Shilshole Bay Guest Moorage: Boats seeking guest moorage for CYC Regattas must contact the Shilshole Bay Marina office upon arrival in the marina to receive a slip assignment. Marina staff may meet the boat to collect guest moorage fees and to provide a gate key or provide other instructions. The boater can contact the office by phone – (206) 728-3006 during office hours (M-F 8:00- 4:30 or Saturday 8-3) or by VHF on Channel 17. After hours phone is (206) 601-4089. Guest moorage fees are based on LOA. Reserving slips in advance of arrival is encouraged.

SPECIAL EVENTS

PUGET SOUND ROOKIE RALLY & LESCHI ONE DESIGN CLINIC

(Event Coordinator – Bruce Vandeventer)

Basic racing instruction will be provided through a series of classroom talks and the possibility of on the water mentoring if interest warrants. Check the CYC website for dates and times. Several fleets conduct clinics each year. Contact your fleet to find out if they are available.

2009 SEASON PACKAGE FEES

Please note: Race packages have changed, read carefully.

Pkg	Events	Membership / boat type			
		S2	S3	JR	SHD*
A	Center Sound, PSSR, PSSC, Sound Wednesday Evenings	\$370	\$270	N/A	N/A
B	Center Sound, PSSR, PSSC, Windjammer, Jack & Jill, Sound Wednesday Evenings	\$405	\$295	N/A	N/A
C-S	One Center Sound race, PSSR, PSSC, Sound Wed Evenings	\$340	\$250	N/A	N/A
C-L	One Center Sound race, PSSR, PSSC, Lake Wed Evenings	\$305	\$225	N/A	N/A
D	Sound: OD Spring Weekends, Spring Frostbite Regatta, OD Fleet Champs, Thursday Evenings	\$350	\$260	\$175	\$295
E	Sound: Spring Frostbite Regatta, OD Fleet Champs, Thursday Evenings	\$330	\$245	\$165	\$275
F	Sound: OD Spring Weekends, Spring Frostbite Regatta, OD Fleet Champs, Turkey Bowl, Thursday Evenings	\$380	\$280	\$190	\$315
G	Lake Spring Regatta, Lake Fall Regatta, Sound OD Fleet Champs, Lake Tuesday <u>OR</u> Wednesday Evenings	\$320	\$245	\$160	N/A
H	Lake Spring Regatta, Moonlight Race, Sound OD Fleet Champs, Lake Tuesday Evenings	\$295	\$220	N/A	N/A
I	Nelson Pt, North Pt, Moonlight Race, PSSR, Sound OD Fleet Champs, Lake Spring & Fall Regattas, Lake Wednesdays	\$375	\$285	N/A	N/A
J	Lake Tuesday Evenings	\$250	\$185	\$125	N/A
K	Lake Wednesday Evenings	\$250	\$185	\$125	N/A
L	Sound Wednesday Evenings	\$280	\$210	N/A	N/A
M	Sound Thursday Evenings	\$280	\$210	\$140	\$235

* SHD = Single Handed Dinghy – a dinghy normally sailed by one person

(Add 10% if you are not a member of US Sailing)

2009 CYC RACE CALENDAR – LAKE WASHINGTON RACES

Event	Dates	Fees*		
		CYC member	Guest (local)	Guest (nonres)
Nelson Point Race	April 11	\$20	\$20	\$20
Lake Spring Regatta	April 25	\$30	\$40	\$30
One Design Clinic	TBA (see note below)	TBA	TBA	TBA
Moonlight Race	Aug 8	\$20	\$20	\$20
Lake Fall Regatta	Sept 12 & 13	\$40	\$50	\$40
North Point Race	Sept 19	\$20	\$20	\$20
Oktoberfest Jr Regatta	Sept. 26 - 27	TBA	TBA	TBA
Spring Tuesday Evenings	Apr 7, 14, 21, 28, May 5	\$65	\$95	N/A
Interim Tuesday Evenings	May 12, 19, 26, June 2, 9, 16	\$75	\$105	N/A
Summer Tuesday Evenings	June 23, 30, July 7, 21, 28, August 4 (no race July 14 WIRW)	\$75	\$105	N/A
Fall Tuesday Evenings	Aug 11, 18, 25, Sept 1, 8	\$65	\$95	N/A
Spring Wednesday Evenings	Apr 8, 15, 22, 29, May 6	\$65	\$95	N/A
Interim Wednesday Evenings	May 13, 20,27, June 3, 10, 17	\$75	\$105	N/A
Summer Wednesday Evenings	June 24, July 1, 8, 22, 29, Aug 5 (no race July 15 WIRW)	\$75	\$105	N/A
Fall Wednesday Evenings	Aug 12, 19, 26, Sept 2, 9	\$65	\$95	N/A

* add \$5 if not a member of *US Sailing*.

One Design Clinic: Rookie Rally and the One Design Clinic will be conducted as a series of educational classes. Check the CYC web site for dates and times.

2009 CYC Annual Awards Party, Friday, January 29, 2010

2009 CYC RACE CALENDAR – PUGET SOUND LARGE BOATS

Event	Dates	Fees*		
		CYC member	Guest (local)	Guest (nonres)
Windjammer	Feb 8 & 21	\$20	\$20	\$20
Center Sound Series	<i>Full Series:</i>	\$95	\$150	\$95
Blakely Rock	March 7	\$45	\$75	\$45
Possession Point	March 14	\$45	\$75	\$45
Pully Point	March 28	\$45	\$75	\$45
Puget Sound Spring Regatta	April 18-19	\$70	\$110	\$70
Rookie Rally	TBA (See note below)	TBA	TBA	TBA
Jack & Jill Doublehand	July 11	\$30	\$30	\$30
Commodore Gibson	Aug 1-2	Free	N/A	N/A
Puget Sound Sailing Championship	Oct 10-11	\$70	\$110	\$70
Spring Wed Evenings	Apr 1, 8, 15, 22, 29	\$70	\$110	N/A
Interim Wed Evenings	May 6, 13, 20, 27 June 3, 10	\$80	\$120	N/A
Summer Wed Evenings	June 17, 24, July 1, 8, 22, 29 (no race July 15 WIRW)	\$80	\$120	N/A
Fall Wed Evenings	Aug 5, 12, 19, 26, Sept 2	\$70	\$110	N/A

* add \$5 if not a member of *US Sailing*.

Rookie Rally: Rookie Rally and the One Design Clinic will be conducted as a series of educational classes. Check the CYC web site for dates and times.

2009 CYC Annual Awards Party, Friday, January 29, 2010

2009 CYC RACE CALENDAR – PUGET SOUND ONE DESIGN

Event	Dates / boats	Fees*		
		CYC member	Guest (local)	Guest (nonres)
One Design Spring Weekends	Mar 8 & 15 (Sundays)	\$40	\$50	\$40
Spring Frostbite Regatta	April 4-5	\$40	\$50	\$40
Sound OD Fleet Championship Regatta	Oct 3-4			
	1 person boat	\$45	\$55	\$45
	2 person boat	\$55	\$65	\$55
	3+ person boat	\$65	\$75	\$65
Turkey Bowl	Nov 21-22	\$40	\$40	\$40
Spring Thursday Evenings	Apr 2, 9, 16, 23, 30	\$70	\$110	N/A
Interim Thursday Evenings	May 7, 14, 21, 28 June 4, 11	\$80	\$120	N/A
Summer Thursday Evenings	June 18, 25, July 2, 9, 23, 30 (no race July 16 WIRW)	\$80	\$120	N/A
Fall Thursday Evenings	Aug 6, 13, 20, 27 Sept 3	\$70	\$110	N/A

* add \$5 if not a member of *US Sailing*.

2009 CYC Annual Awards Party, Friday, January 29, 2010

2009 OTHER RACING EVENTS CALENDAR

For a complete list, please refer to the Seattle Area Racing Calendar at:

http://www.cycseattle.org/2009_specific/sarc.html

Event	Organizer	Dates
Weekend Regattas		
NOOD	CYC/SYC	May 15-17
J-Fest	Sail Northwest	June 20-21
Pitch	Bellingham YC	Sept. 5-6
Star & Bar	SYC	Sept 19-20
Grand Prix	SYC	Oct 23-25
South Sound Series		
Duwamish Head	Three Tree Point YC	Jan 10
Toliva Shoals	Olympia YC	Feb 14
Islands	Gig Harbor YC	Mar 21
Winter Vashon	Tacoma YC	Dec 5
Tri – Island Series		
	SYC	
Protection Island		April 25
Vashon Island / Point Robertson		May 9
Blake Island		May 30
Jack & Jill Series		
(Sail 3 of the following races to qualify for the series)		
Corinthian YC Tacoma	CYCT	April 25
Corinthian Yacht Club Edmonds	CYCE	May 9
Seattle Yacht Club	SYC	June 13
Shilshole Bay Yacht Club	SB	June 27
Corinthian Yacht Club	CYC	July 11
Sloop Tavern Yacht Club	ST	Sept 12
Other Events		
Blakely Rock Benefit	ST	April 4
Opening Day		May 2
Mark Mayer (Lake Washington)	SYC	May 3
Race to the Straits	ST	May 2-3
Swiftsure	Royal Victoria YC	May 23-24
Leukemia Cup	SYC	June 6
Anthony's Friday Night Series	Sail Sand Point	June 12–Aug 28*
	(with CYC registration support)	
Whidbey Island Race Week	Clear Ahead	July 12-17
Trans Puget Race	Shilshole Bay YC	Sept 26
Foul Weather Bluff	CYC of Edmonds	Oct 3
Round the County	Orcas Island YC	Nov 7-8
CYC Awards Party	CYC Seattle	Jan. 29, 2010

2009 CYC CRUISING EVENTS

Check CYC website for further announcements on the CYC Cruising Programs.

Bill Mains
Fleet Captain - Cruise

Fridays in February

6:30 bar opens, 7 pm program starts

- Feb 6: Sue and Jon Hacking, blue water cruisers
The Far Ocean – Indonesia to Africa
- Feb 13: Bob Hale, editor/publisher of *Waggoner Cruising Guide*
Cheap Northwest Vacations -- a look at some of the fascinating
places to see on a cruise up the Inside Passage.
- Feb 20: Elsie Hulsizer, author of *Voyages to Windward*
Cruising the West Coast of Vancouver Island in the windward
direction
- Feb 27: Rich Jablonski and Elaine Casher, Blue Water Cruisers
Cruising With Teenagers, Pets and Other Cultural Contraband

April 11-12: Pizza cruise to Kingston

May 22-25: Memorial Day cruise to Longbranch and Tacoma

June 20-21: Overnight cruise to Mats Mats

July 3-5: Fireworks at Poulsbo the 3rd and at Quartermaster the 4th

August 1-2: Commodore/Gibson race to Port Ludlow and back

August 8-23 Canada cruise: Itinerary will include Howe Sound and Gulf Islands

September 5-7: Labor Day cruise to Bremerton, then optional to Gig Harbor

September: Monday Lunch group raft up, date and destination TBD

October 17-18: Fog cruise to Winslow

November 14-15 Edmonds Crab Feast

New Year's Eve: overnight at Bell Harbor if possible or at Port Madison YC

LAKE WASHINGTON RACING PROGRAM

GENERAL SAILING INSTRUCTIONS

These General Sailing Instructions shall be applied together with the Specific Event Sailing Instructions for the Lake Washington Racing Program.

1. REGISTRATION

To enter an event, submit a completed registration form and pay the appropriate fee by 1600 at least three days prior to the first race entered. Registration forms can be hand delivered to the CYC Clubhouse at Shilshole or submitted via mail, fax (206) 789-5896, or through the web site at www.cycseattle.org.

2. RULES

Races will be governed by the 2009 - 2012 *Racing Rules of Sailing* ('RRS'), the prescriptions of *US SAILING*, the rules adopted by local one-design fleets (when applicable), the rules of PHRF Northwest (when applicable), these sailing instructions, and the specific event sailing instructions for each event. In case of conflict between these sailing instructions and the specific event sailing instructions for an event, the specific event sailing instructions will govern.

3. NOTICES TO COMPETITORS

- 3.1** Notices will be posted in a bulletin board case located on the North fence across from the hoist in the lower parking lot directly East of the BluWater Bistro hereafter referred to as the "Leschi Notice Board". Notices and class breaks may be posted at www.cycseattle.org, but this will not constitute an official notice location.
- 3.2** Any change in the sailing instructions will be posted at least 90 minutes before the first warning of the race in which it will take effect. Code flag "L" may be flown from the Race Tower or the race committee boat at its moorage.
- 3.3** The Race Committee may post on the Leschi Notice Board a list of any boats scored OCS, DNS, ZFP, BFD, or DNF at the earliest opportunity after returning to dock and before the stated protest time-limit.

4. RESPONSIBILITY

- 4.1** The skipper of each boat is responsible for any unsportsmanlike conduct on the part of his or her crew. If action is taken under RRS 69, Allegations of Gross Misconduct, it may result in a competitor being excluded from further participation in the CYC racing program.
- 4.2** **Occasionally, sailboat racing has resulted in injury or loss of life. All competitors in CYC events participate at their own risk. It shall be the responsibility of the skipper to inform the crew of the risks of sailboat racing, to make sure they understand and accept those risks, to decide whether the**

crew is competent and adequate for the event, and to decide whether to start or continue in a race.

4.3 All boats/boat owners shall have liability insurance currently in effect, covering yacht racing activities, property damage, personal injury and death in an amount appropriate for the type of boat being sailed. (Minimum coverage of \$300,000 per occurrence is recommended for keelboats.)

4.4 When a boat is notified that she has been selected for an inspection of required safety equipment, she shall report for and submit to the inspection.

5. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the Race Tower or the race committee boat at its moorage. When flag “AP,” Postponement Signal, is lowered after having been displayed ashore, all contestants shall proceed promptly to the starting area.

6. SAFETY

6.1 Competitors in centerboard boats shall wear a life jacket or flotation garment other than a wet suit or dry suit **at all times** when racing.

6.2 Unless racing in a one-design class, keelboats (including those with retractable keels) shall comply with the PIYA Category III equipment requirements. A PIYA form listing these requirements is available at www.ussailing.net/piya.

6.3 Competitors needing help should signal by waving an open hand. A wave of a closed fist will be interpreted to mean help is not needed.

6.4 A boat that leaves the racing area before finishing or before the last race of a day should notify the race committee.

6.5 Navigation lights, if standard equipment for the boat, shall be lit between sunset and sunrise and in times of restricted visibility per COLREGS Rule 20.

7. CHANGES IN RATING

A change in a PHRF rating takes effect on the day it is recorded by the local handicapper. After that day, the boat’s corrected time will be calculated using her new rating.

8. STARTING ORDER AND CLASS FLAGS

Classes will start in the order in which class placards are displayed, reading from left to right and from the top line to the bottom line on the race committee boat reader-board. When a plus sign (“+”) is displayed between two class placards, those two classes will start together at the same time.

9. COURSES

9.1 Each course will be signaled by a row of letters following the placards of the classes that are to sail that course. Each letter designates a mark. The first letter displayed is the starting mark, the last is the finishing mark, and those in between are the rounding marks.

- 9.2** Mark descriptions and locations are printed inside the front cover of this *Racebook*. NOTE: The leeward marks may be either to windward and/or leeward of the committee boat.
- 9.3** Start between the starting mark and the orange flag on the race committee boat. Pass each rounding mark in the order displayed and on the same side as the starting mark. Finish between the finishing mark and the orange flag on the race committee boat. When a number, such as “2” or “3”, follows the course letters, it signals a multiple-lap course. Sail the course as many times as is indicated by that number, crossing the finishing line at the completion of each lap.
- 9.4 IMPORTANT RESTRICTION:** After completing the first leg of the course, a boat shall not cross the line between mark F and the committee boat or the line between mark “G” and the orange flag on the Committee Boat unless she is:
- (a) finishing,
 - (b) completing a lap of a multiple-lap course (as indicated by a number following a designated course), or
 - (c) rounding the mark end of the starting or finishing line when such a rounding is required by the course for her class.
- A boat that fails to observe this restriction may exonerate herself by making a Two-Turns penalty. This changes RRS 28.1. The finishing line and the line between mark “G” and the orange flag on the race committee boat are obstructions for boats that are subject to this restriction. A boat that fails to exonerate herself may be scored DNF without a hearing. This changes RRS 63.1 and appendix A.5.
- 9.5** Gate mark: If flag “G” is displayed at the preparatory and the starting signals for a class, there will be a gate (two marks) instead of a single mark for that class, and boats shall pass between the two gate marks and then round either the port gate mark to port or the starboard gate mark to starboard.
- 9.6** Individual classes may be abandoned or shortened by displaying their class flag along with the appropriate race signal flag.
- 9.7** Warning: The race committee may use its engine to hold position, and it may do so even when apparently anchored.

10. THE START

Races will be started by using RRS 26, except a blue shape will replace flag P. The race committee may give a hail to the next class whose warning signal is about to be made.

11. INDIVIDUAL RECALLS

The race committee may attempt to hail the sail numbers of recalled boats. Failure to do so, the timing of the hails, the order of the hails, the failure to hear the hail, or any other issues associated with the hail will not constitute grounds for redress. This modifies RRS 62.1(a).

12. PROTESTS

- 12.1 Weekend regattas:** Protests shall be delivered to the Race Committee no later than one hour after the race committee boat docks. The schedule of protest hearings will be posted on the Leschi Notice Board shortly after the protest time limit. Protesting parties may be offered the opportunity to participate in voluntary protest mediation. Posting of the protest schedule is considered notice given as required by RRS 63.2 and satisfies the notice requirement of RRS 61.1(b). Hearings will proceed whether or not all boats are represented.
- 12.2 All other events and series:** Protests shall be sent to the CYC office by mail with a U.S. Postal Service postmark date no later than the first weekday following the race in which the incident occurred or hand delivered before the end of office hours on that day. This changes RRS 61.3. Parties to a hearing will be notified of the date, location and time of their hearing.
- 12.3** A protested boat may elect to acknowledge breaking a rule and to accept the appropriate penalty. In such a case she should notify the protest committee chairman to that effect and the hearing may be waived. This changes RRS 63.1.

13. SCORING

- 13.1** The Low Point scoring system of RRS Appendix A will apply. Boats that are OCS, did not finish, retire, or are disqualified will score points equal to the number of boats that finish in their class in that race plus one. Boats that do not start will score points equal to the number of boats that finish in their class in that race plus two. This changes RRS Appendix A4.2 and A9.
- 13.2** PHRF corrected times will be calculated using the time-on-time method.
- 13.3** A boat's series score is the sum of her points in all the races. However, for the Evening Series if four to six races are completed, one score will be discarded, if seven to nine races, two will be discarded, and if ten or more races, three will be discarded. For Weekend Regattas there will be no discarded scores. This changes RRS Appendix A2.
- 13.4** One completed race will constitute a series.

14. AWARDS

Corinthian sailing awards will be awarded for all events as indicated in the specific sailing instructions. The results of each event will be posted on the CYC web site.

LAKE WASHINGTON RACING PROGRAM

SPECIFIC EVENT SAILING INSTRUCTIONS

These Specific Event Sailing Instructions shall be applied together with the General Sailing Instructions for the Lake Washington Racing Program. In case of conflict, the Specific Event Sailing Instructions govern.

LAKE WASHINGTON TUESDAY EVENING SERIES

LAKE WASHINGTON WEDNESDAY EVENING SERIES

ELIGIBILITY:

Tuesday: J-24 and Snipes

Wednesday: San Juan 24, Thunderbirds and Thistles

CLASSES AND CLASS FLAGS: A list of classes and the assigned class flags will be posted at the Official Leschi Notice-Board by 1200 on Tuesdays during the racing season.

FIRST WARNING: 1800

TIME LIMIT: Two hours for all boats in each class. This changes RRS 35.

LAKE WASHINGTON SPRING REGATTA

LAKE WASHINGTON FALL REGATTA

ELIGIBILITY: J-24, San Juan 24, Thunderbirds, Thistles, Snipes, and other fleets with five or more registered boats.

CLASSES AND CLASS FLAGS: A list of classes and the assigned class flags will be posted at the Leschi Notice Board by 1000 the day of the first race.

FIRST WARNING: 1100

An attempt will be made to run several races. There will be no starts after 1630.

TIME LIMIT: Two hours for all boats in each class. This changes RRS 35.

AWARDS/PARTY: An awards party will be held at the BluWater Bistro after racing on the final day of each regatta.

LAKE WASHINGTON LONG DISTANCE SERIES

This series consists of the Nelson Point and North Point Races.

ELIGIBILITY: Open to boats with valid PHRF ratings and to one-design fleets with five or more registered boats. PHRF membership is not required for boats in one-design fleets. One-design fleet eligibility is limited to boats normally raced with a crew of three or more persons, except by special arrangement with the CYC Fleet Captain-Race

CLASS BREAKS, CLASS FLAGS AND STARTING ORDER: Class breaks, class flags, and the starting order will be posted at the Leschi Notice Board by 1200 on Friday before the first day of the racing. **These events will be started using a reverse order.**

WARNING: 1000

START AND FINISH LINES: The start and finish line will be between the RC flag on the Race Tower and mark "L".

COURSES:

Nelson Point Race:

South Wind: L, 14, Red Nun Buoy at the entrance to the Ship Canal, L.
Take rounding marks to port.

North Wind: L, Red Nun Buoy at the entrance to the Ship Canal, 14, L.
Take rounding marks to starboard.

North Point Race: L, 10, L. Round mark 10 to port.

Note: All boats shall pass under the east span of the Evergreen Point Bridge both northbound and southbound.

SHORTENED COURSE: The race committee may shorten the course at any mark or at a finish line established within 1000 feet of the north side of the bridge.

TIME LIMIT: Eight hours for all boats in each class. This changes RRS 35.

SAFETY: Boats that withdraw from the race **shall** notify the race committee.

AWARDS: The Howard Ricketts Trophy will be awarded at the CYC Annual Awards Party to the winner of the long distance series, which includes Nelson and North point races. A boat's series score is the sum of her race scores. The race winner is the boat with the lowest corrected PHRF time. One-design class ratings will be assigned to boats of those classes by PHRF.

LAKE WASHINGTON MOONLIGHT RACE

ELIGIBILITY: Open to boats with valid PHRF ratings and to one-design fleets with five or more registered boats. PHRF membership is not required for boats in one-design fleets. One-design fleet eligibility is limited to boats normally raced with a crew of three or more persons.

CLASS BREAKS, CLASS FLAGS AND STARTING ORDER: Class breaks, class flags and the starting order will be posted at the Leschi Clubhouse by 1200 on Friday preceding the race. **This event will be started using a reverse order.**

WARNING: 1900

START AND FINISH LINE: The start and finish line will be between the RC flag on the Race Tower and mark "L". When finishing, each boat shall shine a light on her sail number.

COURSE: L, 6, L. Round mark 6 to port. Note: All boats shall pass under the east span of the Evergreen Point Bridge both northbound and southbound.

SHORTENED COURSE: The race committee may shorten the course at any mark or at a finish line established within 1000 feet of the north side of the bridge.

SAFETY: Boats that withdraw from the race **shall** notify the race committee.

TIME LIMIT: Five hours for all boats. This changes RRS 35.

OKTOBERFEST JUNIOR REGATTA

LOCATION: Lake Washington - Sand Point Sailing Center

ELIGIBILITY: Open to all junior sailors under the age of 21 racing in Lasers, Laser Radials, Bytes, Optimists, 420s, and any class with at least five boats.

ADDITIONAL INFORMATION:

A separate notice of race will be prepared and made available by the regatta organizers. Additional information can be obtained from Sail Sand Point at (206) 525-8782 or www.sailsandpoint.org.

PUGET SOUND RACING LARGE BOAT AND ONE DESIGN PROGRAMS

GENERAL SAILING INSTRUCTIONS

These General Sailing Instructions shall be applied together with the Specific Event Sailing Instructions for the Puget Sound Large Boat and Sound One Design Programs.

1. REGISTRATION

To enter an event, submit a completed registration form and pay the appropriate fee by 1600 at least three days prior to the first race entered. Registration forms can be hand-delivered to the CYC Shilshole Clubhouse or submitted via mail, fax (206) 789-5896, or through the web site at www.cycseattle.org.

2. RULES

Races will be governed by the 2009 - 2012 *Racing Rules of Sailing* ("RRS"), the prescriptions of *US SAILING*, the rules adopted by local one-design fleets (when applicable), the rules of PHRF Northwest (when applicable), PIYA Category Equipment Requirements (where specified), these Sailing Instructions, and the Specific Event Sailing Instructions for each event except as modified by the Special Sailboat Safety Regulations (see below). In case of conflict between these Sailing Instructions and the Specific Event Sailing Instructions for an event, the Specific Event Sailing Instructions will govern.

3. NOTICES TO COMPETITORS

- 3.1** Notices will be posted at the CYC Shilshole Clubhouse on the bulletin board and window adjacent to the entrance door on the upper level, hereafter referred to as the "Shilshole Notice Board". Notices and class breaks may be posted at www.cycseattle.org, but this will not constitute an official notice location.
- 3.2** Any change in the sailing instructions will be posted at least 2 hours before the first warning of the race in which it will take effect. Code flag "L" may be flown from the Clubhouse flagstaff when such changes are made.
- 3.3** The Race Committee may post on the Shilshole Notice Board a list of boats scored OCS, DNS, ZFP, BFD, or DNF at the earliest opportunity after returning to dock and before the stated protest time limit.

4. RESPONSIBILITY

- 4.1** The skipper of each boat is responsible for any unsportsmanlike conduct on the part of his or her crew. If action is taken under RRS 69, Allegations of Gross Misconduct, it may result in a competitor being excluded from further participation in the CYC racing program.
- 4.2** **Occasionally, sailboat racing has resulted in injury or loss of life. All competitors in CYC events participate at their own risk. It shall be the responsibility of the skipper to inform the crew of the risks of sailboat racing, to make sure they understand and accept those risks, to decide whether the**

crew is competent and adequate for the event, and to decide whether to start or continue in a race.

4.3 All boats/boat owners shall have liability insurance currently in effect, covering yacht racing activities, property damage, personal injury and death in an amount appropriate for the type of boat being sailed. (Minimum coverage of \$300,000 per occurrence is recommended for keelboats.)

4.4 Boats must be operated in accordance with US Coast Guard Vessel Traffic Service (VTS) Regulations and shall monitor VHF channel 14 when in the vicinity of, and while occupying, the VTS lanes.

4.5 When a boat is notified that she has been selected for an inspection of required safety equipment, she shall report for and submit to the inspection.

5. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the CYC Clubhouse flagstaff. When flag "AP," the postponement signal, is lowered after having been displayed ashore, all contestants shall proceed promptly to the starting area.

6. SAFETY

6.1 Competitors in centerboard boats shall wear a life jacket or flotation garment other than a wet suit or dry suit **at all times** when racing. Between November 1 and April 1, competitors in centerboard boats shall wear a wet-suit or dry-suit in addition to a life jacket.

6.2 Competitors needing help should signal by waving an open hand. A wave of a closed fist will be interpreted to mean help is not needed.

6.3 Unless racing in a one-design class, keelboats (including those with retractable keels) shall comply with the PIYA Category III equipment requirements. A PIYA form listing these requirements is available at www.ussailing.net/piya.

6.4 The Special Sailboat Safety Regulations apply. These can be found immediately following these General Sailing Instructions.

6.5 A boat that breaks sailing instruction 6.3, or 6.4 could receive a warning, be disqualified or not accepted in future competition, depending on the severity of her offense. This changes RRS 64.1(a).

6.6 A boat that leaves the racing area before finishing or before the last race of a day shall notify the race committee in person or via VHF ch. 67.

6.7 Navigation lights, if standard equipment for the boat, shall be lit between sunset and sunrise and in times of restricted visibility per COLREGS Rule 20.

7. CHANGES IN RATING

A change in a PHRF rating takes effect on the day it is recorded by the local handicapper. If a change in a boat's rating occurs during a series, then, for that series only, the boat shall continue to sail in the fleet in which she was sailing before her rating was changed, and she will be eligible for awards in that fleet. After the date the rating change takes effect, the boat's corrected time will be calculated using her new rating.

8. STARTING ORDER

Classes will start in the order in which class placards are displayed, reading from left to right and from the top line to the bottom line on the race committee boat reader-board. When a plus sign (“+”) is displayed between two class placards, those two classes will start together at the same time.

9. COURSES

- 9.1** Each course will be signaled by a row of letters following the placards of the classes that are to sail that course. Each letter designates a mark. The first letter displayed is the starting mark, the last is the finishing mark, and those in between are the rounding marks
- 9.2** Mark descriptions and locations are printed inside the back cover of this *Racebook*. NOTE: The leeward marks may be either to windward and/or leeward of the committee boat.
- 9.3** Start between the starting mark and the orange flag on the race committee boat. Pass each rounding mark in the order displayed and on the same side as the starting mark. Finish between the finishing mark and the orange flag on the race committee boat. When a number, such as “2” or “3”, follows the course letters, it signals a multiple-lap course. Sail the course as many times as is indicated by that number, crossing the finishing line at the completion of each lap.
- 9.4** Gate mark: If flag “G” is displayed at the preparatory and the starting signals for a class, there will be a gate (two marks) instead of a single mark for that class, and boats shall pass between the two gate marks and then round either the port gate mark to port or the starboard gate mark to starboard.
- 9.5** Individual classes may be abandoned or shortened by displaying their class flag along with the appropriate race signal flag.
- 9.6** Warning: The race committee may use its engine to hold position, and it may do so even when apparently anchored.
- 9.7** When boats are finishing after dark, the race committee boat may display a yellow/green beacon.
- 9.8 IMPORTANT RESTRICTION:** After completing the first leg of the course, a boat shall not cross the line between mark F and the committee boat unless she is:
- (a) finishing,
 - (b) completing a lap of a multiple-lap course (as indicated by a number following a designated course), or
 - (c) rounding the mark end of the finishing line when such a rounding is required by the course for her class.
- A boat that fails to observe this restriction may exonerate herself by making a Two-Turns penalty. This changes RRS 28.1. The finishing line is an obstruction for boats that are subject to this restriction. A boat that fails to exonerate herself may be scored DNF without a hearing. This changes RRS 63.1 and Appendix A5. (PLEASE NOTE: PSSR and PSSC Special Instructions modify this rule.)

10. SHIP CANAL RESTRICTED AREA

Boats shall not enter the area defined by the following three lines:

- From the south end of the Shilshole breakwater northwestward to buoy C “1”
- From buoy C “1” southwestward to buoy N “2”
- From buoy N “2” southeastward to buoy N “4”

A boat that enters this area may not correct her error. This changes RRS 28.1. This area is considered to be an obstruction.

11. THE START

Races will be started using RRS 26 except a blue shape will replace flag P. The race committee may give a hail to the next class whose warning signal is about to be made. *(Please Note: For Sound Wednesday and Thursday Evenings and all Sound One-Design Regattas (excepting the Sound One Design Fleet Championships), the interval between the warning signal and the start will be THREE minutes.)*

12. INDIVIDUAL RECALLS

The race committee may attempt to hail the sail numbers of recalled boats. Failure to do so, the timing of the hails, the order of the hails, the failure to hear the hail, or any other issues associated with the hail will not constitute grounds for redress. This modifies RRS 62.1(a).

13. PROTESTS

13.1 Weekend regattas: Protests shall be delivered to the Protest Committee no later than one hour after the race committee boat docks. The schedule of protest hearings will be posted on the Protest Board along the west wall of the lower level of the CYC Shilshole Clubhouse shortly after the protest time limit. This posting is considered notice given as required by RRS 63.2 and satisfies the notice requirement of RRS 61.1(b). Hearings will proceed whether or not all boats are represented. Protesting parties may be offered the opportunity to participate in voluntary protest mediation. For **PSSR** and **PSSC**, protests will include arbitration.

13.1.1 Where arbitration is provided, an arbitration meeting will be scheduled for each protest involving a rule of Part 2 unless the arbitrator deems the protest inappropriate for arbitration. One representative of each party, who was on board at the time of the incident, will meet with the arbitrator. No witnesses will be permitted. After taking testimony from each representative, the arbitrator will render his/her opinion in one of the following ways:

- (a) The protest is invalid or no boat broke a rule. If the protestor agrees, the arbitrator will allow the protest to be withdrawn and it shall not be reopened or appealed. If the protestor disagrees, the protest committee will schedule a protest hearing.
- (b) One or more boats broke a rule. The boat(s) breaking the rule may accept a 20% Scoring Penalty and the protest may be withdrawn. If not, the protest committee will schedule a protest hearing. If the penalty is accepted the

matter is closed and cannot be resubmitted to a hearing, be reopened, appealed, or submitted for redress.

- (c) The arbitrator decides a protest hearing is required. The protest committee will schedule a protest hearing.

13.1.2 RRS 63.1 is changed by adding; “The arbitrator may allow a protest to be withdrawn without the approval of the protest committee.”

13.2 All other events and series, (i.e. not weekend regattas): Protests shall be sent to the CYC office by mail with a U.S. Postal Service postmark date no later than the first weekday following the race in which the incident occurred or hand delivered before the end of office hours on that day. This changes RRS 61.3. Parties to a hearing will be notified of the date, location and time of their hearing.

13.3 A protested boat may elect to acknowledge breaking a rule and to accept the appropriate penalty. In such a case, she should notify the protest committee chairman to that effect and the hearing may be waived. This changes RRS 63.1.

14. SCORING

14.1 The Low Point scoring system of RRS Appendix A will apply. Boats that are OCS, do not finish, retire, or are disqualified will score points equal to the number of boats that finish in their class in that race plus one. Boats that do not start will score points equal to the number of boats that finish in their class in that race plus two. This changes RRS Appendix A4.2. and A9.

14.2 PHRF corrected times will be calculated using the time-on-distance method.

14.3 A boat’s series score is the sum of her race scores. However, if five or more races are completed, her worst score will be discarded when determining her series score. This changes RRS Appendix A2.

14.4 One completed race constitutes a series.

15. AWARDS

Corinthian Awards will be presented for all events as indicated in the Specific Sailing Instructions. The results of each event will be posted on the CYC web site.

16. MOVABLE BALLAST

A boat designed to use and constructed with equipment to pump on board, discharge and move water ballast may use that equipment, provided her PHRF rating assumes its use. This changes RRS 51.

17. BOAT STORAGE/MOORAGE

Unless notified to the contrary, competitors must make their own arrangements for boat storage/moorage.

SPECIAL SAILBOAT SAFETY REGULATIONS

Introduction: We must share Puget Sound with its commercial traffic, including many deep-water vessels and long tows. It is sobering to note that, if your boat is one mile dead ahead of a freighter coming down the Sound at normal speed, and the freighter's helm is put hard over to avoid you, the freighter's bow will miss you, but her stern will not! Obviously this implies that early and decisive action is required to keep your boat out of the path of a large oncoming vessel or tow.

1. Yachts must not sail across a tow line, too close ahead, or too close alongside of commercial traffic. Deep water vessels have limited ability to change course and speed. Barges under tow can yaw unexpectedly well out to the side at speeds essentially the same as they are being towed. Yachts should not pass less than ONE mile ahead and 1/4 mile to the side of large vessels.
2. Rule 10 of the International and Inland Rules to Prevent Collisions at Sea (COLREGS) requires that no power driven vessel less than 20 meters (66 feet) in length, and no sailing vessel (of any size) may impede the safe passage of a power driven vessel following a Vessel Traffic System (VTS) Lane.
3. Rule 9 of the COLREGS requires that no power vessel of less than 20 meters (66feet) in length and no sailing vessel (any length) shall impede the safe passage of any vessel which can navigate only within a narrow channel or fairway. Puget Sound can be considered a "narrow channel" for most large commercial traffic. "Impede" means cause to alter speed or course or to take evasive action.
4. A yacht in position where it may impede commercial traffic must exit from the "danger area" immediately, under auxiliary power if necessary. If power is used, it must be reported to the Race Committee at the finish line. Also, a written report must be made on a protest form, showing the location, time, duration of power use, speed, direction of exit, and that the competitive position of the yacht was not improved. If the last item cannot be demonstrated adequately, a time penalty may be imposed.
5. Radar reflectors must be flown at all times when racing in the vicinity of the VTS Traffic Lanes. A radar reflector, all metal, of the triplanar corner reflector type, each plane at least 12" square or 12 1/2 inches diameter to be carried at least 13 feet (4 meters) above the waterline. Other types of reflectors may be used provided that it has been demonstrated that they are effective under all conditions. See PIYA Special Regulations paragraph 3.8.
6. Navigation lights must be shown between sunset and sunrise and in times of restricted visibility as required by the International Rules of the Road.
7. Observed and/or reported violations of the safety regulations may be protested. The Race Committee shall have the option of issuing a "warning" when deemed appropriate. Warnings are recorded and may be considered when judging any future reports.

PUGET SOUND LARGE BOAT RACING PROGRAM

SPECIFIC EVENT SAILING INSTRUCTIONS

These Specific Event Sailing Instructions shall be applied together with the General Sailing Instructions for the Puget Sound Large Boat Program. In case of conflict, the Specific Event Sailing Instructions govern.

NORTHWEST CHALLENGE CUP

The Northwest Challenge Cup will be awarded to the boat with the best record in the Center Sound Series, Puget Sound Spring Regatta, and the Puget Sound Sailing Championships.

SCORING: A boat's Northwest Challenge Cup score is the sum of her finishing positions in her class in each of the three series on which the Challenge Cup is based. Ties will be resolved in favor of the boat with the highest average number of starters in her class in the races of the three series, except that a tie among boats that win their class in all three series will not be broken.

CENTER SOUND SERIES

(Event Coordinator - TBD)

Includes the Blakely Rock Light, Possession Point, and Pully Point Races

ELIGIBILITY: Open to boats with valid PHRF or IRC ratings and multihulls and one-design classes with five or more entrants. In addition, a Casual Class will be offered for each race of the series. See Casual Class Rules. As with all CYC races, **all boats must meet PIYA Category III safety requirements.**

CLASS FLAGS, RATING BREAKS AND STARTING ORDER: Class flags, rating breaks and starting order will be posted at the Shilshole Notice Board by 1200 on Thursday prior to the start of each race.

CHECK-IN, CHECK-OUT: The race committee would like all boats to sail by the race committee boat and hail with their sail number. A boat that withdraws or retires should notify the race committee at their earliest opportunity via VHF 67.

FIRST WARNING: 0900

SAFETY INSPECTIONS: If a boat is hailed by the race committee at the finish and instructed to report for a safety inspection, she shall report directly to the CYC Safety Inspectors at the North end of the Shilshole Bay Marina.

SCORING: The scoring system for the “The Werner Ohmes Fog Horn Trophy, Overall Winner, Center Sound Series” is as follows:

A boat’s score for a race is: $100(N + 1 - P)/(N + 1)$ points, where P is her place in her class in that race and N is the number of starters in her class in that race. A boat that does not finish scores $(66)/(N + 1)$ points, a disqualified boat scores: $(33)/(N + 1)$ points, and a boat that does not start scores 0 points. A boat’s series score is the sum of her score in all races in the series. High score wins.

AWARDS: Individual class trophies will be awarded at the Shilshole Clubhouse, Saturday, March 28 after racing. If Pully Point is abandoned or cancelled the trophies will be presented Saturday, March 28 at 1700 hours. Awards for IRC will be based on an overall score for the series.

The “Werner Ohmes Fog Horn Trophy, Overall Winner, Center Sound Series” for first PHRF boat in the series, the Blakely Rock Light Trophy, Possession Point Trophy and the Pully Point Trophy for first overall PHRF boat in each of those races, based on corrected time, will be awarded at the CYC Annual Awards Party.

MOORAGE: See note on page 7 of the *Racebook*.

PARTY TIME / RACE RESULTS : The CYC Clubhouse will be open during and after each race. Race results will be posted at the Clubhouse and on the CYC web page.

CASUAL CLASS RULES:

The Casual Class is offered to provide a venue for less serious or less experienced sailors to get out and have fun on the water in a more casual field. All rules in this *Racebook* and the *Racing Rules of Sailing* apply except where noted. The most basic of them being Starboard over Port, Leeward over Windward and don’t hit anyone.

A **Racing for Beginners Seminar** covering the basics of Sailing Instructions, Racing Rules, reading the course descriptions and starting procedures will be offered on February 22, 2009 from 1400 – 1700 at the CYC Clubhouse.

CASUAL CLASS ELIGIBILITY: All boats are welcome to the Casual Class. This changes RRS 78. Boats without PHRF certificates are encouraged to join PHRF-NW (www.phrf-nw.org) and contact CYC’s PHRF handicapper Matthew Wood at matt.wood@razorfish.com. If a PHRF certificate has not been obtained, the Fleet Captain Race, Jerry Diercks, will assign a “participation” handicap. It is each boat’s responsibility to contact Jerry at jerry4cyc@comcast.net to obtain a “participation” handicap at the time of registration.

CASUAL CLASS START AND COURSE: The Casual Class 5 Minute Warning will be signaled 10 minutes after the last Racing Fleet Start. Please see Class

Breaks and Starting Order posted as described above. **Please stay clear of the starting area until all Racing Fleets have cleared.**

The Casual Class will sail the courses described in the specific race instructions below. Please be prepared for potential shortened courses likely to be signaled from the Committee Boat prior to the cruising start if conditions warrant it. (See *Puget Sound Mark Descriptions and Locations* on the inside back cover of this *Racebook*.)

CASUAL CLASS SCORING: The Casual Class will be scored independently of other classes and will not be eligible for the overall series awards. Casual Class boats will be scored with their spinnaker rating unless boat skippers specifically inform the Race Committee of their decision to race under their NFS, non-flying sails, rating. Please indicate your preference on your registration or to the Race Committee Boat via VHF channel 67 immediately after the last racing start but before the Casual Class Warning Signal. FS and NFS boats will be scored in the same class with their respective ratings.

CASUAL CLASS AWARDS: The Casual Class trophies will be awarded at the Shilshole Clubhouse, Saturday, March 28 after racing. If Pully Point is abandoned or cancelled the trophies will be presented Saturday, March 28 at 1700 hours. Recognition will be given to the first boat in each race based on handicapped time. In addition, an Overall Center Sound Casual Class Award will be given to the Casual Class boat that relays the best story to Fleet Captain Race, Jerry Diercks at the final after-party about their Center Sound experience.

BLAKELY ROCK RACE

STARTING AND FINISHING AREA: In the vicinity of Shilshole Breakwater.

COURSE: (Please refer to *Puget Sound Marks* on the inside back cover of this book for mark descriptions and locations) After starting, leave mark N and mark K to port (north wind), or mark K and mark N to starboard (south wind), then finish. Course length: approximately 21 nautical miles. Alternate courses may be signaled from the race committee boat by flying code flag “S”.

CASUAL CLASS COURSE: (Please refer to *Puget Sound Marks* on the inside back cover of this book for mark descriptions and locations) After starting, leave mark N and mark W to port (north wind), or mark W and mark N to starboard (south wind), then finish. Course length: approximately 12.4 nautical miles. Alternate courses may be signaled from the race committee boat by flying code flag “S”.

TIME LIMIT: Eight hours for the first boat in each class. If a boat in a class finishes within eight hours all other boats in her class must finish within one hour of the first boat to finish or within eight hours, whichever is longer. This changes RRS 35.

AWARDS: The Blakely Rock Race trophy will be awarded at the CYC Annual Awards Party.

SCATCHET HEAD RACE
(AKA POSSESSION POINT RACE)

STARTING AND FINISHING AREA: In the vicinity of Meadow Point.

COURSE: After starting, leave the gong buoy off Scatchet Head to port, and then finish. Course length: approximately 25.4 nautical miles. Alternate courses may be signaled from the race committee boat by flying code flag "S".

CASUAL CLASS COURSE: After starting, leave mark R to port, mark L to port, and then finish. Course length: approximately 8.9 nautical miles. Alternate courses may be signaled from the race committee boat by flying code flag "S".

TIME LIMIT: Nine hours for the first boat in each class. If a boat in a class finishes within nine hours all other boats in her class must finish within one hour of the first boat to finish or within nine hours, whichever is longer. This changes RRS 35.

AWARDS: The Possession Point Race Trophy will be awarded at the CYC Annual Awards Party.

PULLY POINT RACE

STARTING AND FINISHING AREA: In the vicinity of Shilshole Breakwater.

COURSE: After starting leave the Turning Mark to starboard and return to finish. The Turning Mark is a white cylinder, 6 inches in diameter standing 8 feet above the water and is located south and east of Three Tree Point. GPS coordinates are: N 47° 26.87' by W 122° 22.57'. Course length: approximately 29.5 nautical miles. Alternate courses may be signaled from the race committee boat by flying code flag "S".

CASUAL CLASS COURSE: After starting, round the Duwamish Head Lt at approximately 47° 35.94'N by 122° 23.28' W to starboard, and then finish. Course length: approximately 12.8 nautical miles. Alternate courses may be signaled from the race committee boat by flying code flag "S".

START: Racing Classes shall start in reverse order. (As with all Center Sound Series races, the Casual Class 5 Minute Warning will be signaled 10 minutes after the last Racing Fleet Start.)

TIME LIMIT: Nine hours for the first boat in each class. If a boat in a class finishes within nine hours all other boats in her class must finish within one hour of the first boat to finish or within nine hours, whichever is longer. This changes RRS 35.

AWARDS: The Pully Point Race Trophy will be awarded at the annual CYC Annual Awards Party.

PUGET SOUND SPRING REGATTA
AND
PUGET SOUND SAILING CHAMPIONSHIPS

(Event Coordinator - TBD)

These are level-rating regattas for PHRF-rated boats grouped into classes with small rating spreads. When it is impractical to race level due to an insufficient number of boats with similar ratings, some classes will race on handicap using the time-on-distance method. There will be one-design starts for classes that have five or more boats registered and planning to compete.

ELIGIBILITY: Boats with valid PHRF or IRC ratings that meet the PIYA Category III requirements are eligible, except that boats sailing in designated one-design classes like Olson 30, J-24, Thunderbird, Melges 24, Merit 25, or San Juan 24 are eligible if they comply with their one-design class safety requirements and with the Special Sailboat Safety Regulations of General Sailing Instruction 6.4.

REGISTRATION: Registrations are due in the CYC Shilshole office by 1200 on the Wednesday prior to the event. However, late registrations may be accepted until Saturday morning at 0900, provided that a late registration fee of \$20 is paid in addition to the regular registration fee.

CLASS FLAGS AND RATING BREAKS: Class flags and rating breaks will be posted at the Shilshole Notice Board, on the bulletin board south of the entrance door on the upper level, by 1200 on Thursday prior to the first day of each regatta. A printed list of class flags and rating breaks will be available for pick-up at the Shilshole Clubhouse on Saturday morning at 0800.

CHANGES TO SAILING INSTRUCTIONS: Any changes in the sailing instructions will be posted on the Shilshole Notice Board before 0800 on each race day. Code flag "L" may be flown from the Clubhouse flagstaff to notify competitors of such changes.

RACING AREAS: Boats may determine their class and course location by consulting the class lists posted at the Shilshole Notice Board or on the CYC web site. The north course will race north of Meadow Point. The south course will race in Shilshole Bay.

CHECK-IN: Each day before the start of racing, the race committee would like all boats to check-in with their respective race committee by sailing by the race committee boat and hailing their sail number. A boat that withdraws or retires should notify the race committee at their earliest opportunity via VHF channel 67 if racing on the north course and channel 72 on the south course.

FIRST WARNING: First warning at **1000** each day. Subsequent races will be started at the discretion of the race committee.

THE START: A boat starting later than 10 minutes after her starting signal may be scored DNS without a hearing. This changes rule RRS 63.1 and Appendix A5.

STARTING ORDER: The first race of the day will be in the order as posted on the Shilshole clubhouse. The starting order for subsequent races will be determined by the race committee.

IMPORTANT RESTRICTION: After starting the first leg of the course, a boat shall not cross the line between mark F and the committee boat or mark S and the committee boat unless she is rounding the mark end of the start line when such a rounding is required by the course for her class.

A boat that fails to observe this restriction may exonerate herself by taking a Two-Turns Penalty. This changes RRS 28.1. The start and finish lines are obstructions for boats that are subject to this restriction. A boat that fails to exonerate herself may be scored DNF without a hearing. This changes RRS 63.1 and Appendix A5.

TIME LIMIT: Two hours for the first boat in each class. All other boats must finish within one-half hour of the first boat to finish in the class. This changes RRS 35.

SCORING: A boat's series score is the sum of her points in all the races. There will be no discarded scores. This changes RRS Appendix A2.

DINNER: A light meal will be provided at additional cost on Saturday..

AWARDS: First, Second and Third place trophies will be awarded for each class with five or more pre-registered boats. Awards will be presented at the CYC Shilshole Clubhouse on Sunday after the race. Awards for IRC will be based on an overall score for the series.

MOORAGE: See note on page 7 of the *Racebook*.

PUGET SOUND WEDNESDAY EVENING SERIES

REGISTRATION: Registration forms and fees must be received at the CYC Office at least three days prior to the first race entered.

ELIGIBILITY: Boats with valid PHRF ratings and one-design boats when classes are specified for them.

CLASS FLAGS AND RATING BREAKS: Class flags and rating breaks for PHRF boats will be posted on the Shilshole Notice Board at 1200 on Tuesday prior to the first race of each series. One-design classes with five or more registered boats may be given their own start.

CHECK-IN: Before racing the race committee would like all boats to sail by the race committee boat and hail their sail numbers.

FIRST WARNING: 1815

STARTING AREA: In the vicinity of the Shilshole breakwater.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

STARTING ORDER: Starting order will be displayed on the race committee boat reader board. The starting order for subsequent races may be different than the starting order for the first race.

TIME LIMIT: Two hours for the first boat in each class. All other boats must finish within one-half hour of the first boat to finish in the class. This changes RRS 35.

SCORING: For every five races completed there will be one discarded score. This changes RRS Appendix A2.

AWARDS: First, Second and Third place trophies will be awarded for each class with six or more pre-registered boats. Awards will be presented at the CYC Shilshole Clubhouse on the final Wednesday of each series after the racing is completed.

WEDNESDAY NIGHT CASUAL CLASS RULES:

The Wednesday Night Casual Class is offered to provide a venue for less serious or less experienced sailors to get out and have fun on the water in a more casual field. All rules in this *Racebook* and the *Racing Rules of Sailing* apply except where noted. The most basic of them being Starboard over Port, Leeward over Windward and don't hit anyone.

A **Racing for Beginners Seminar** covering the basics of Sailing Instructions, Racing Rules, reading the course descriptions and starting procedures will be offered on February 22, 2009 from 1400 – 1700 at the CYC Clubhouse.

CASUAL CLASS ELIGIBILITY: All boats are welcome to the Casual Class. This changes RRS 78. Boats without PHRF certificates are encouraged to join PHRF-NW (www.phrf-nw.org) and contact CYC's PHRF handicapper Matthew Wood at matt.wood@razorfish.com. If a PHRF certificate has not been obtained, the Fleet Captain Race, Jerry Diercks, will assign a "participation" handicap. It is each boat's responsibility to contact Jerry at jerry4cyc@comcast.net to obtain a "participation" handicap at the time of registration.

CASUAL CLASS START AND COURSE: The Casual Class 3 Minute Warning will be at 1800. The Casual Class will use permanent government marks with courses designed to keep the Casual Fleet as clear as possible from the other Racing Fleets. (See *Puget Sound Mark Descriptions and Locations* on the inside back cover of this *Racebook*.)

CASUAL CLASS SCORING/AWARDS: Casual Class boats will be scored with their spinnaker rating, (Flying Sails Rating), unless boat skippers specifically inform the Race Committee at the time of registration of their intention to race under their NFS, non-flying sails, rating. Boats cannot change their FS/NFS declaration once a series has started. FS and NFS boats will be scored in the same class with their respective ratings.

Casual Class Awards will be presented at the CYC Shilshole Clubhouse on the final Wednesday of each series after racing is completed. Recognition will be given to the first boat in each series based on handicapped time. In addition, a Wednesday Night Casual Class Fun Award will be given to the Casual Class boat that relays the best story to Fleet Captain Race, Jerry Diercks at the after party of each series.

PUGET SOUND JACK 'N JILL DOUBLE-HANDED RACE

(Event Coordinator – TBD)

(This race is part of the Puget Sound Jack and Jill Series)

ELIGIBILITY: Any boat with a valid PHRF rating racing with a crew consisting of one female and one male.

SAFETY: It is recommended that all competitors wear life jackets.

SKIPPER'S MEETING: A mandatory skippers' meeting will be held at 1000 at the CYC Shilshole Clubhouse.

CLASS FLAGS AND RATING BREAKS: Class flags and rating breaks will be posted at the skipper's meeting. There will be a flying-sail (FS) division and a non-flying-sail (NFS) division. A boat with a rating based on flying sails (FS) may register in the NFS division, in which case her NFS rating will be her FS rating plus 18 seconds. This changes PHRF Handicapper's Manual, Paragraph 9g. An NFS registrant should enter this adjusted rating on her entry form and use this rating to determine the NFS class in which she starts. It is the responsibility of the skipper to race with the appropriate rating.

STARTING AREA: In the vicinity of the Shilshole breakwater.

WARNING: The time of the first warning will be posted at the skippers' meeting.

COURSE : After starting, leave Blake Island to starboard and then finish.

An alternate course may be signaled from the race committee boat by flying code flag "S".

TIME LIMIT: Eight hours for the first boat in each class. If a boat in a class finishes within eight hours all other boats in her class must finish within one hour of the first boat to finish or within eight hours, whichever is longer. This changes RRS 35.

PUGET SOUND WINDJAMMER SERIES

(Event Coordinator- TBD)

ELIGIBILITY: Valid PHRF rated boats and one-design boats when classes are specified for them.

CLASS FLAGS AND RATING BREAKS: Class flags and rating breaks will be posted at the Shilshole Notice Board at 1200 on Friday prior to the first race. One-design classes with five or more boats registered may be given their own start.

STARTING AREA: In the vicinity of the Shilshole breakwater.

FIRST WARNING: 1100.

STARTING ORDER: The starting sequence for each race will be displayed on the race committee reader board. The starting sequence for subsequent races may be different than the starting sequence for the first race.

TIME LIMIT: Four hours for the first boat in each class. If a boat in a class finishes within four hours all other boats in her class must finish within one hour of the first boat to finish or within four hours, whichever is longer. This changes RRS 35.

SCORING: A boat's series score is the sum of her race scores. However, if five or more races are completed, her worst score will be discarded when determining her series score. This changes RRS Appendix A2.

AWARDS: Discretionary fun awards will be handed out after racing.

PUGET SOUND ONE-DESIGN RACING PROGRAM

SPECIFIC EVENT SAILING INSTRUCTIONS

These Specific Event Sailing Instructions shall be applied together with the General Sailing Instructions for the Puget Sound One-Design Racing Program. In case of conflict, the Specific Event Sailing Instructions govern.

THURSDAY EVENING SERIES

ELIGIBILITY: 49er, I-14, Star, Tasar, Laser, and other one-design dinghy or small keelboat fleets with five or more registered boats.

CLASS FLAGS: Class flags will be posted at the Shilshole Notice Board at 1200 on Wednesday prior to the first race of each series.

CHECK-IN: The race committee would like all boats to sail by the race committee boat before the start of the race.

FIRST WARNING: 1800.

STARTING AREA: In the vicinity of the Shilshole breakwater.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

TIME LIMIT: The time limit will be two hours for each boat in the class. This changes RRS 35.

SCORING: For every five races completed there will be one discarded score. This changes RRS Appendix A2.

SPRING AND FALL WEEKEND SERIES

REGISTRATION: Submit a completed registration form and pay the appropriate fee to the CYC Office at least three days prior to the first race entered.

ELIGIBILITY: 49er, I-14, Etchell, Star, Tasar, Laser, and other one-design dinghy or small keelboat fleets with five or more registered boats.

CLASS FLAGS: Class flags will be posted at the Shilshole Notice Board at 1200 on Friday prior to the first race of each series.

CHECK-IN: The race committee would like all boats to sail by the race committee boat before racing.

FIRST WARNING: 1200.

STARTING AREA: In the vicinity of the Shilshole breakwater.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

TIME LIMIT: The time limit will be two hours for each boat in the class. This changes RRS 35.

SPRING FROSTBITE REGATTA

REGISTRATION: Submit a completed registration form and pay the appropriate fee to the CYC Office at least three days prior to the first race entered. Registration will also be available between 0900 and 1000 on Saturday in the CYC Shilshole Clubhouse.

ELIGIBILITY: 49er, I-14, Etchell, Star, Tasar, Laser, and other one-design dinghy or small keelboat fleets with five or more registered boats.

CLASS FLAGS: Class flags will be posted at the Shilshole Notice Board at 1200 on Friday prior to the first race of each series.

CHECK-IN: The race committee would like all boats to sail by the race committee boat before racing.

FIRST WARNING: 1200 on Saturday, 1100 on Sunday.

STARTING AREA: In the vicinity of the Shilshole breakwater.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

TIME LIMIT: The time limit will be two hours for each boat in the class. This changes RRS 35.

AWARDS: First, second and third place trophies will be awarded for each class. Awards will be presented at the Clubhouse following racing on Sunday.

PUGET SOUND ONE-DESIGN FLEET CHAMPIONSHIPS

REGISTRATION: Early registration aids in the planning of the regatta. A \$20 late fee will be added to registrations received after close of business on the Wednesday prior to the event. Registration will also be available between 0930 and 1000 on Saturday in the CYC Shilshole Clubhouse.

ELIGIBILITY: 49er, I-14, Etchell, Star, Thistle, Tasar, Snipe, Laser, and other one-design dinghy or small keelboat fleets with five or more registered boats.

CLASS FLAGS: Class flags will be posted at the Shilshole Notice Board at least one hour before the first warning of each event.

CHECK-IN: The race committee would like all boats to sail by the race committee boat before racing.

FIRST WARNING: 1200 on Saturday, 1100 on Sunday.

RACING AREAS: Boats may determine their course location by consulting the class lists posted at the CYC Shilshole Clubhouse or on the CYC website. The north course will race north of Meadow Point. The south course will race in Shilshole Bay.

THE START: A boat starting later than 10 minutes after her starting signal may be scored DNS without a hearing. This changes RRS 63.1 and Appendix A5.

TIME LIMIT: The time limit will be two hours for each boat in the class. This changes RRS 35.

AWARDS: First, second and third place trophies will be awarded for each pre-registered class, with five or more boats registered by September 30, 2009. Awards will be presented at the Clubhouse following racing on Sunday.

TURKEY BOWL

REGISTRATION: Early registration aids in the planning of the regatta. A \$20 late fee will be added to registrations received after close of business on the Wednesday prior to the event. Registration will also be available between 0930 and 1000 on Saturday in the CYC Shilshole Clubhouse.

ELIGIBILITY: 49er, I-14, Etchell, Star, Tasar, Laser, Opti, and other one-design dinghy or small keelboat fleets with five or more registered boats.

CLASS FLAGS: Class flags will be posted at the Shilshole Notice Board at least one hour before the first warning of each event.

CHECK-IN: The race committee would like all boats to sail by the race committee boat before racing.

FIRST WARNING: 1200 on Saturday, 1100 on Sunday. No race will start after 1600.

STARTING AREA: In the vicinity of the Shilshole breakwater.

STARTING INTERVAL: 3 minutes. This changes RRS 26.

TIME LIMIT: The time limit will be two hours for each boat in the class. This changes RRS 35.

AWARDS: First, second and third place trophies will be awarded for each class. Awards will be presented at the Clubhouse following racing on Sunday.

PUGET SOUND MARKS

Letter Code	DESCRIPTION & LOCATION
Temporary Marks	
A	Yellow mark to windward of the race committee boat
B	Yellow gybe mark
C	Yellow mark to leeward of the race committee boat
S	Orange mark near the race committee boat
F	Yellow mark near the race committee boat, on the opposite side of the committee boat from mark S
X	Red mark to windward of the race committee boat
Y	Red gybe mark
Z	Red mark located 0.2 miles or less upwind of the race committee boat
U	Red mark to located leeward of the race committee boat
N	Yellow or orange mark 1 mile east (magnetic) of mid-channel VTS buoy "SF" off President Point, at approximately 47° 45.60'N by 122° 24.84'W
Permanent Marks	
E	Red and white mid-channel bell buoy located west of the south end of the Shilshole breakwater
J	White mooring buoy near the north end of the Shilshole breakwater
K	Blakely Rocks
L	White mooring buoy located southwest of mark "E"
M	Meadow Point green flashing buoy "1"
R	Spring Beach- A 3.5-ft. high White Spar Buoy located in 50' of water in the vicinity of Spring Beach, approximately 2 nm N of Meadow Point at approximately 47° 44.40' N by 122 22.90' W.
W	West Point green flashing buoy "1"

NOTE: the distances from the race committee boat to marks A, B, and C are generally longer than the distances to marks X, Y, and U